




Monday		Tuesday		Wednesday		Thursday		Friday	
		<u>Prices</u> Student: \$2.30 Reduced: \$.40 Adult: \$3.50 Food Contains No Pork Products		Nutritional Requirements Protein 2oz Fruit/Vegetable 3/4c ea Bread 1sl Grain 1/2c Milk 8oz		<u>Student Choice Chosen By:</u> Darryl Simpson 1st Grade Menu selected from multiple entries			
		Served Daily <u>Entrée Choices</u> M- (T*) Ham & Cheese Sandwich T-Turkey & Cheese Sandwich W- (T*) Ham & Cheese Sandwich Th- Turkey & Cheese Sandwich F- Chicken Salad Sandwich <u>Salad Choices</u> M-Oriental Chicken Salad T-Chef Salad W- Harvest Salad with Chicken, Raisins, & Pears Th- Turkey Caesar Salad F- Taco Salad Or Tossed Salad w/Cheese (All Salads Are served with crackers)							
1 Vegetarian Macaroni & Cheese Stewed Tomatoes Fruit Milk	2 Breaded Pollock Fries Vegetables Fruit Milk	3 Baked Turkey Ham w/ Gravy Biscuit Mashed Potatoes Fruit Milk	4 Student Choice Chicken & Broccoli Alfredo Pasta Fruit Milk	5 Cheese Pizza Carrots w/ Dip Fruit Milk	8 Chicken Parmesan Pasta Vegetables Fruit Milk	9 Vegetarian Chili Cornbread Vegetables Fruit Milk	10 Sweet & Sour Meatballs Rice Vegetables Fruit Milk	11 International Day Afghanistan Beef Qorma Rice Cauliflower Fruit Milk	12 Vegetarian Chicken Nuggets Tater Tots Fruit Milk
15 Salisbury Steak Gravy Buttered Noodles Vegetables Milk	16 Oven Baked Chicken Biscuit Collard Greens Fruit Milk	17 Vegetarian Spinach & Cheese Quiche Vegetables Fruit Milk	18 Spring Fling Turkey Corn Dog Potato Salad Fruit Milk	19 Cheese Pizza Carrots w/ Dip Fruit Milk	22 Veal Saltimbocca Dinner Roll Green Beans Fruit Milk	23 Chef's Choice Vegetables Fruit Milk	24 Chef's Choice Vegetables Fruit Milk	25 School Closed	26 School Closed
								Milk Choices 2% Low Fat , 1% Low Fat Chocolate or Skim Milk A La Carte Choices Monday-Friday Milk, Juice, Fresh Fruit \$0.40 Yogurt, Baked Lay's, Mini Pretzels, Rice Cakes, 100 Calorie Honey Graham, 100 Calorie Craisins, & Gold fish Crackers. \$0.75 Tuesday - Ice cream \$0.75 Thursday - Cookie \$0.75 All ala Carte must be paid for in cash Limit one item per child	



Special News

Zipping down a hill at what feels like a million miles an hour can be a great time — as long as you're sledding safely. When you grab your sled, make sure it's sturdy and that it's one you can really steer. The handholds should be easy to grab, and the seat of the sled should be padded. Also, never use a sled that has any sharp, jagged edges or broken parts (this might happen if you're using an old sled). For more information about safety and winter activities check out www.kidshealth.org