






| Monday | | Tuesday | | Wednesday | | Thursday | | Friday | | | | | | |
|--|---|--|----|--|----------------------------|---|---|---|----|--------------------------------------|--------------------|----|--|----------------------------|
|  | | <p>Milk Choices 2% Low Fat Skim</p> <p>Food Contains no pork products</p> <p>Fresh Fruit is available to those who eat school breakfast</p> | | | | 1 | | 2 | | | | | | |
| | | | | | |  SCHOOL CLOSED | |  SCHOOL CLOSED | | | | | | |
| 5 | French Toast Sticks 100% Fruit Juice Milk | 2ea 1/2c 8oz | 6 | Homemade Chocolate Muffin Yogurt 100% Fruit Juice Milk | 2oz 1/2c 1/2c 8oz | 7 | Bagel Cream Cheese 100% Fruit Juice Milk | 2oz 1ea 1/2c 8oz | 8 | Waffle 100% Fruit Juice Milk | 2ea 1/2c 8oz | 9 | Homemade Chocolate Chip Muffin Yogurt 100% Fruit Juice Milk | 2oz 1/2c 1/2c 8oz |
| 12 | French Toast Sticks 100% Fruit Juice Milk | 2ea 1/2c 8oz | 13 | Homemade Banana Muffin Yogurt 100% Fruit Juice Milk | 2oz 1/2c 1/2c 8oz | 14 | Scrambled Eggs with Cheese 100% Fruit Juice Milk | 2oz 2oz 1/2c 8oz | 15 | Pancakes 100% Fruit Juice Milk | 2ea 1/2c 8oz | 16 | Homemade Blueberry Muffin Yogurt 100% Fruit Juice Milk | 2oz 1/2c 1/2c 8oz |
| 19 | French Toast Sticks 100% Fruit Juice Milk | 2ea 1/2c 8oz | 20 | Homemade Chocolate Chip Muffin Yogurt 100% Fruit Juice Milk | 2oz 1/2c 1/2c 8oz | 21 | Bagel Cream Cheese 100% Fruit Juice Milk | 2oz 1ea 1/2c 8oz | 22 | Waffles 100% Fruit Juice Milk | 2ea 1/2c 8oz | 23 | Homemade Sun Butter Muffin Yogurt 100% Fruit Juice Milk | 2oz 1/2c 1/2c 8oz |
| 26 | French Toast Sticks 100% Fruit Juice Milk | 2ea 1/2c 8oz | 27 | Homemade Blueberry Muffin Yogurt 100% Fruit Juice Milk | 2oz 1/2c 1/2c 8oz | 28 | Scrambled Eggs with Turkey Ham & Cheese 100% Fruit Juice Milk | 2oz 2oz 1/2c 8oz | 29 | Pancakes 100% Fruit Juice Milk | 2ea 1/2c 8oz | 30 | Homemade Blueberry Muffin Yogurt 100% Fruit Juice Milk | 2oz 1/2c 1/2c 8oz |



Special News

What does it mean to be green? "Green" is more than just a color. It also means taking special steps to protect the environment — the water, the land, and the air we breathe. Why green? Plants are green, and without them the Earth wouldn't be such a lovely home for us human beings. Every day, people make choices that affect the amount of trash and pollution that gets produced in our world. What can you do?

For more information on what you can do to help the environment check out http://www.greeneducationfoundation.org/index.php?option=com_content&view=article&id=735