




# February

2012

## Breakfast Menu Offerings

Monday		Tuesday		Wednesday		Thursday		Friday						
<b>No Pork Products Used</b>				<b>1</b>	Mini Pancakes 100% Fruit Juice Fresh Fruit Milk	2ea 4oz 1ea 8oz	<b>2</b>	Beef Sausage Biscuit 100% Fruit Juice Fresh Fruit Milk	1ea 4oz 1ea 8oz	<b>3</b>	Orange Muffin Yogurt 100% Fruit Juice Fresh Fruit Milk	2oz 4oz 4oz 1ea 8oz		
		<b>6</b>	French Toast Sticks 100% Fruit Juice Fresh Fruit Milk	5ea 4oz 1ea 8oz	<b>7</b>	Scrambled Eggs Turkey Sausage 100% Fruit Juice Fresh Fruit Milk	2oz 2oz 4oz 1ea 8oz	<b>8</b>	Mini Pancakes 100% Fruit Juice Fresh Fruit Milk	2ea 4oz 1ea 8oz	<b>9</b>	Bagel 100% Fruit Juice Fresh Fruit Milk	1ea 4oz 1ea 8oz	
<b>13</b>	French Toast Sticks 100% Fruit Juice Fresh Fruit Milk	5ea 4oz 1ea 8oz	<b>14</b>	Cereal Yogurt 100% Fruit Juice Fresh Fruit Milk	1oz 4oz 4oz 1ea 8oz	<b>15</b>	Mini Pancakes 100% Fruit Juice Fresh Fruit Milk	2ea 4oz 1ea 8oz	<b>16</b>	Beef Sausage Biscuit 100% Fruit Juice Fresh Fruit Milk	1ea 4oz 1ea 8oz	<b>17</b>	<b>Closed</b> Professional Development	
<b>20</b>	<b>Closed</b> Presidents Day		<b>21</b>	Scrambled Eggs Turkey Sausage 100% Fruit Juice Fresh Fruit Milk	2oz 2oz 4oz 1ea 8oz	<b>22</b>	Mini Pancakes 100% Fruit Juice Fresh Fruit Milk	2ea 4oz 1ea 8oz	<b>23</b>	Bagel 100% Fruit Juice Fresh Fruit Milk	1ea 4oz 1ea 8oz	<b>24</b>	Apple Cinnamon Muffin Yogurt 100% Fruit Juice Fresh Fruit Milk	2oz 4oz 4oz 1ea 8oz
<b>27</b>	French Toast Sticks 100% Fruit Juice Fresh Fruit Milk	5ea 4oz 1ea 8oz	<b>28</b>	Cereal Yogurt 100% Fruit Juice Fresh Fruit Milk	1oz 4oz 4oz 1ea 8oz	<b>29</b>	Mini Pancakes 100% Fruit Juice Fresh Fruit Milk	2ea 4oz 1ea 8oz						

Menus Subject to Change

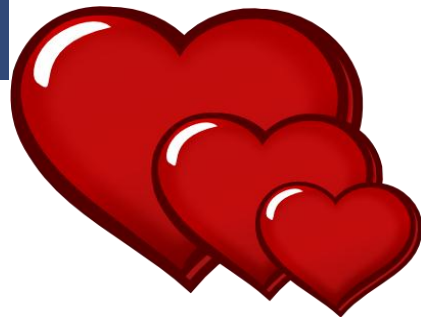


Fuel Up to Play 60 is a fun, interactive program that allows YOU to help make your school an even healthier place. Put your ideas and plans into action to help everyone eat healthy and get active.

**CHECK IT OUT >**

<http://www.fueluptoplay60.com/>





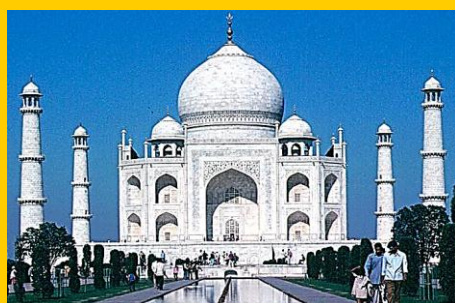
# February

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## Lunch Menu

Monday		Tuesday		Wednesday		Thursday		Friday	
Turkey Ham & Cheese Sandwich		Beef Bologna & Cheese Sandwich		Turkey Ham & Cheese Sandwich		Turkey Salami & Cheese Sandwich		Beef Bologna & Cheese Sandwich	
Crispy Chicken Salad		Chef Salad		House Salad with Egg		Chicken Caesar Salad		Beef Taco Salad or Tossed	
* Boca Burger		* Veggie Wrap		* Vegetarian Nuggets		* Salad with Cheese		* Pizza	
<p>Vegetarian Options must be ordered before 9:30am</p> <p>No Pork Products Used</p>		<p><b>A La Carte Choices</b></p> <p><b>Monday-Friday</b> Milk &amp; Juice - \$0.40 Assorted Chips &amp; Snacks - \$0.75</p> <p><b>Wednesday</b> - Cookie <b>Friday</b> - Baby Carrots w/ Dip</p> <p>All a la Carte must be paid for in cash Limit one item per child</p>		<p><b>1</b></p> <p>Chili 4oz Brown Rice 3/4c Broccoli 3/4c Wheat Roll 1ea Mandarin Oranges 3/4c Milk 8oz</p>		<p><b>2</b></p> <p>Grilled Chicken Sandwich 1ea Wheat Bun 1ea Tator Tots 3/4c Orange Milk 1ea 8oz</p>		<p><b>3</b></p> <p>Pizza 5.6oz Green Beans 3/4c Orange Milk 1ea 8oz</p>	
		<p><b>6</b></p> <p>Macaroni &amp; Cheese 6oz Wheat Roll 1ea Winter Mix Vegetables 3/4c Peaches 3/4c Milk 8oz</p>		<p><b>7</b></p> <p>Turkey a la King 4oz Mashed Potatoes 3/4c Biscuit 1ea Fresh Orange 1ea Milk 8oz Rice Pudding 3/4c</p>		<p><b>8</b></p> <p>Hamburger 1ea Wheat Bun 1ea Potato Fries 3/4c Applesauce 3/4c Milk 8oz</p>		<p><b>9</b></p> <p>Chicken Parmesan 1ea Marinara 1oz Mozzarella Cheese 1oz Penne Pasta 3/4c Green Beans 3/4c Milk 8oz Sliced Apples 1pk</p>	
<p><b>13</b></p> <p>Baked Chicken Fingers 3oz Potato Fries 3/4c Fresh Apple 1ea Milk 8oz BBQ Sauce 1ea</p>		<p><b>14</b></p> <p>Salisbury Steak 3oz Gravy 2oz Mashed Potatoes 3/4c Biscuit 1ea Mandarin Oranges 3/4c Milk 8oz Valentines Day Cookies 1ea</p>		<p><b>15</b></p> <p>Baked Ziti 1/2c Pasta 1/2c Mozzarella Cheese 3/4c Green Beans 3/4c Pineapple Tidbits 3/4c Milk 8oz</p>		<p><b>16</b></p> <p><b>India</b> Chicken Tikka Masala 3oz Brown Rice 3/4c Cauliflower 3/4c Mixed Fruit 3/4c Milk 8oz Cookie 1ea</p>		<p><b>17</b></p> <p><b>Closed</b> Professional Development</p>	
<p><b>20</b></p> <p><b>Closed</b> Presidents Day</p>		<p><b>21</b></p> <p>Swedish Meatballs 3ea Gravy 2oz Brown Rice 3/4c Carrots 3/4c Fruit Mix 3/4c Wheat Roll 1ea Milk 8oz</p>		<p><b>22</b></p> <p>Cheese Steak 3oz American Cheese 1sl Wheat Roll 1ea Potato Fries 3/4c Peaches 3/4c Milk 8oz</p>		<p><b>23</b></p> <p>Fish &amp; Chips 3oz Battered Fish 3/4c Potato Fries 3/4c Mixed Fruit 8oz Milk</p>		<p><b>24</b></p> <p>Pizza 5.6oz Green Beans 3/4c Orange Milk 1ea 8oz</p>	
<p><b>27</b></p> <p>Veal Parmesan 1ea Marinara 1oz Mozzarella Cheese 1oz Penne Pasta 3/4c Green Beans 3/4c Milk 8oz Sliced Apples 1pk</p>		<p><b>28</b></p> <p>Sweet &amp; Sour Meatballs 3ea Brown Rice 3/4c Broccoli 3/4c Mandarin oranges 3/4c Wheat Roll 1ea Milk 8oz</p>		<p><b>29</b></p> <p>BBQ Chicken 3oz Wheat Roll 1ea Brown Rice 3/4c Collard Greens 3/4c Milk 8oz Peaches 3/4c</p>					

Menus Subject to Change



Join us Thursday,  
February 16th for an  
Indian Inspired  
Theme Meal!

### Guess What...

2012 is a Leap Year! When the Earth makes its annual trip 'round the sun, it doesn't take exactly 365 days. It's a little more like 365 and 1/4 days. Because of this, every four years our calendar falls a day behind the solar year. To remedy this, we catch ourselves up by adding an extra day to the month of February every four years. If we didn't, in 100 years the solar year and calendar year would be 25 days apart. We can't have that, or eventually our seasons would not match up with the months we currently associate them with.

